

SEP2024 RECOVERY SOLUTIONS GROUP SCHEDULE

SUN MON TUE WED THU FRI SAT

01 02 03 04 05 06 07

Closed

Goals Group 9:00am
Exercise group 9:30am
Music and Emotion 12:00pm
Games 1:00pm
Karaoke 2:00pm

Sewing 8:00 am
Goals Group 9:00 am
Community Reintegration 9:30 am
Grief Group 12:00
Acudetox 1:00pm

Goals Group 9:00am
Exercise or sewing 915am
Brain and Body 1015am
Coping with Anxiety 1:00pm
Acudetox 2:00pm

Goals Group 9:00 am
Art 9:30 am
Fresh Friday's Cooking group 10:15am
Wellness 12:00pm
Lavender Connection 1:30

08 09 10 11 12 13 14

Goals Group 9:00 am
Exercise 9:30 am
Anger Management 12:00pm
Games 1:00pm
Acudetox 2:00pm

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Games 1:00pm
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Grief Group 12:00
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Brain and Body 1015am
Coping with Anxiety 1:00pm
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Art 9:30 am
Fresh Friday's Cooking group 10:15am
Wellness 12:00pm
Lavender Connection 1:30

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Exercise or sewing 915am
Brain and Body 1015am
Coping with Anxiety 1:00pm
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Goals Group 9:00 am
Art 9:30 am
Fresh Friday's Cooking group 10:15am
Wellness 12:00pm
Lavender Connection 1:30

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Exercise 9:30 am
Anger Management 12:00pm
Games 1:00pm
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Sewing 8:00 am
Goals Group 9:00 am
Community Reintegration 9:30 am
Grief Group 12:00
Acudetox 1:00pm

Goals Group 9:00am
Exercise or sewing 915am
Brain and Body 1015am
Coping with Anxiety 1:00pm
Acudetox 2:00pm

Goals Group 9:00
Movies 9:30
And pizza social 11:00pm
Lavender Connection (LGBTQ+)1:30pm

29 Goals Group 9:00 am
Exercise 9:30 am
Anger Management 12:00pm
Games 1:00pm
Acudetox 2:00pm

30

Goals Group 9:00am
Exercise group 9:30am
Music and Emotion 12:00pm
Games 1:00pm
Karaoke 2:00pm

Groups on Schedule subject to change
<https://www.health.solutions/recovery/solutions/>

Recovery Solutions
2003 E 4th Street
Pueblo, Co 81001
719-544-6373
Open Mon-Fri 8am-5pm
