

MAY2024 RECOVERY SOLUTIONS GROUP CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
				<b>01</b>	<b>02</b>	<b>03</b>
	<p><b>Groups on Schedule subject to change</b></p> <p><a href="https://www.health.solutions/recovery/solutions/">https://www.health.solutions/recovery/solutions/</a></p>	<p><b>Recovery Solutions</b> 2003 E 4<sup>th</sup> Street Pueblo, Co 81001 719-544-6373 Open Mon-Fri 8am-5pm</p>	<p>Sewing 8:00 am Goals Group 9:15 am Community Reintegration Library outing 9:30 am Coping with Anxiety 1:00pm</p>	<p>Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection (LGBTQ+) 1:30-2:30pm</p>	<p>Goals Group 9:15 am Art 9:30 am Fresh Friday's Wellness / Cooking group 10:15am Karaoke 1:00pm</p>	<b>04</b>
	<b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>
	<p>Goals Group 9:15 am Exercise 9:30 am Anger Management 12:00pm Games 1:00pm</p>	<p>Goals Group 9:15am Exercise group 9:30am Music and Emotion 12:00pm Communication Skills1:00pm</p>	<p>Sewing 8:00 am Goals Group 9:15 am 9:30 am Community Reintegration Bowling outing Seeking Safety</p>	<p>Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection</p>	<p>Goals Group 9:15 am Bingo 9:30 am Fresh Friday's Wellness / Cooking group 10:15am Karaoke 1:00pm</p>	<b>11</b>
	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
	<p>Goals Group 9:15 am Exercise 9:30 am Anger Management 12:00pm Games 1:00pm</p>	<p>Goals Group 9:15am Exercise group 9:30am Baking 12:00pm Member Meeting 1:00pm</p>	<p>Sewing 8:00 am Goals Group 9:15 am Community Reintegration Library outing 9:30 am Coping with Anxiety 1:00pm</p>	<p>Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection (LGBTQ+) 1:30-2:30pm</p>	<p>Goals Group 9:15 am Coloring Contest 9:30 am Fresh Friday's Wellness / Cooking group 10:15am Ice Cream Social 11:30am Karaoke 1:00pm</p>	<b>18</b>
	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
	<p>Goals Group 9:15 am Exercise 9:30 am Anger Management 12:00pm Games 1:00pm</p>	<p>Goals Group 9:15am Exercise group 9:30am Music and Emotion 12:00pm Communication Skills1:00pm</p>	<p>Sewing 8:00 am Goals Group 9:15 am 9:30 am Community Reintegration Members Choice outing Seeking Safety 1:00pm</p>	<p>Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection (LGBTQ+) 1:30-2:30pm</p>	<p>Goals Group 9:15 am Art 9:30 am Fresh Friday's Wellness / Cooking group 10:15am Karaoke 1:00pm</p>	<b>25</b>
	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
	<p><b>Closed Memorial Day</b></p>	<p>Goals Group 9:15am Exercise group 9:30am Baking 12:00pm Budgeting 1:00pm</p>	<p>Sewing 8:00 am Goals Group 9:15 am 9:30 am Community Reintegration Bowling outing Seeking Safety 1:00pm</p>	<p>Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection (LGBTQ+) 1:30-</p>	<p>Goals Group 9:15 am Fun Friday's Movie Day 9:45 am Karaoke 1:00pm</p>	

