

ANNUAL REPORT 1962

HEALTH SOLUTIONS

PUEBLO, COLORADO

HEALTH CENTER FOR P



ANNUAL REPORT
2021-2022



From the President & CEO



In 1962, Spanish Peaks Mental Health Center was established as a community mental health center in Pueblo, Colorado. The six decades that would follow would be filled with opportunities and challenges that could not have been forecasted by those who courageously laid what would become the foundation of the organization that Health Solutions is today.

In September 2022, Health Solutions will celebrate 60 years of community service. We celebrate that legacy in this year's annual report. Though much has changed over the past 60 years, one thing has remained consistent—our commitment to community service. We are proud of our legacy in Southern Colorado, and we are excited as we look forward to another 60 years of – Hope, Health, Together.

Forward,
Jason Chippeaux
President, CEO

From the Board Chairman



The roots of Health Solutions run deep and wide through the communities that we serve. From its inception 60 years ago, Health Solutions (then Spanish Peaks Mental Health Center) has been overseen by a Board of Directors that is comprised of members of the community. As chairman of the Board of Directors, I have had the opportunity to watch this organization grow and mature over

time. It is amazing to consider the impact that Health Solutions has had over its 60-year history. It is an honor as a board member to be able to contribute to that history. As a member of our community and as Chairman of the Board of Directors, I would like to thank those that have supported this organization throughout the years. In celebration of our 60-year anniversary, we look back to the past with awe and gratitude; and we look to the future full of hope and vision.

Wes Ursick
Board of Directors, Chairman



About Us

Health Solutions is a state-of-the-art integrated healthcare provider serving Southern Colorado. We offer a comprehensive line of behavioral and primary care services to meet the needs of families and individuals.

Our Service Promise

Hope. Health. Together
It is a partnership between you and us.
Providing care and compassion,
improving your health and quality of life,
and doing it together.

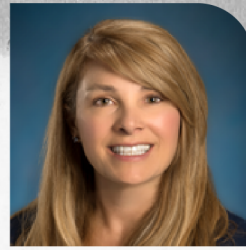


HEALTH SOLUTIONS BOARD OF DIRECTORS



WES URSICK

Board Chair



JODIE AGNES-COXEN

Board Vice Chair



CHERYL VINCENT

Board Secretary



PATRICIA BEDARD

Board Member



KAY EVANS

Board Member



SHARON
HAWKINS-JUNIEL

Board Member



LOUISE KEACH

Board Member



DAVID LAWRENCE

Board Member



BARBRA MONTOYA

Board Member



GERRY OYEN

Board Member



CATHY PINEDA

Board Member



CHARLOTTE VASQUEZ

Board Member



HEALTH SOLUTIONS LEADERSHIP



JASON CHIPPEAUX
*President &
Chief Executive Officer*



ROBERT KEPPLINGER
*Executive Vice President &
Deputy Chief Executive Officer*



HEATHER HANKINS
*Chief Operations Officer &
Chief Clinical Officer*



PAIGE OLDHAM
Chief Financial Officer



DANA BROWN
Chief Technology Officer



CHET PHELPS
Chief Information Officer



SANDY GUTIERREZ
Chief Communications Officer



ANDREA ALVAREZ
Vice President of Medical Services



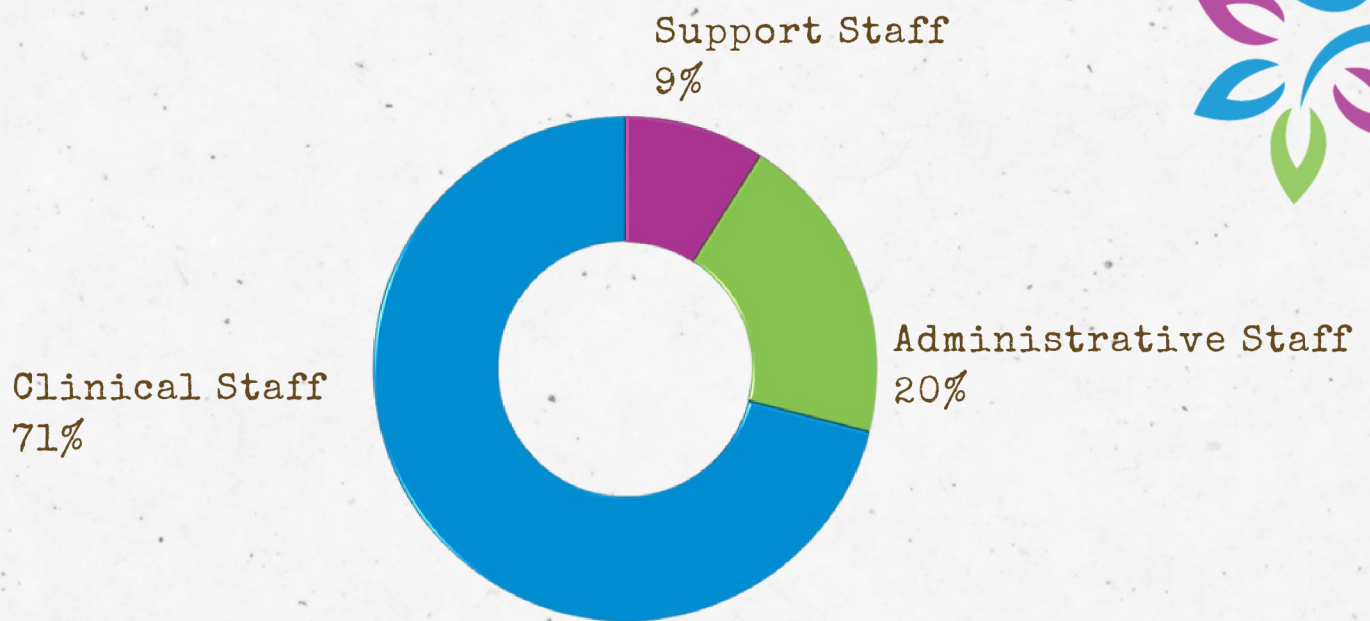
TEAH MILLER
Vice President of Specialty Services



JESSICA RUSSELL
Vice President of Outpatient Services



PERSONNEL DATA



Number of staff as of June 2022 = 426



Percent of staff who reside in:

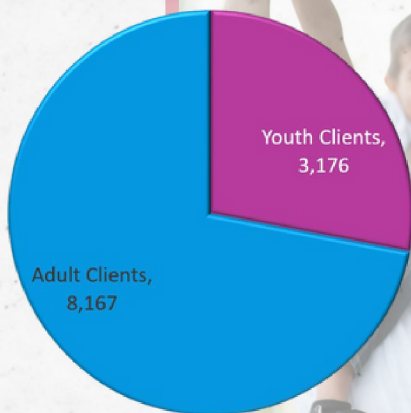
Pueblo County	84%	Huerfano County	2%
El Paso County	7%	Las Animas County	2%
Other CO Counties	3%		



Adult Outpatient/Child Adolescent Unit
310 Colorado Avenue

Unduplicated Patients

- Youth Clients:
 - 3,176
- Adult Clients:
 - 8,167
- Total Served:
 - 11,343

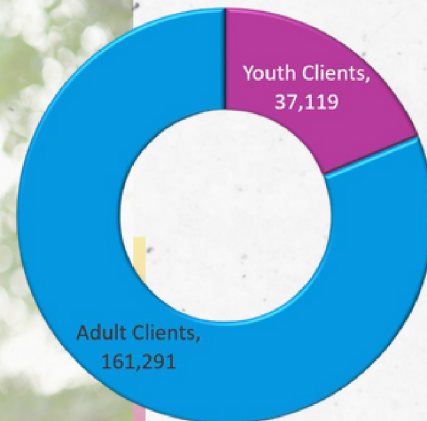


Units of Service Provided

- Youth Clients:
 - 37,119
- Adult Clients:
 - 161,291

Average per day:

- Adults: 441.89
- Youth: 101.70



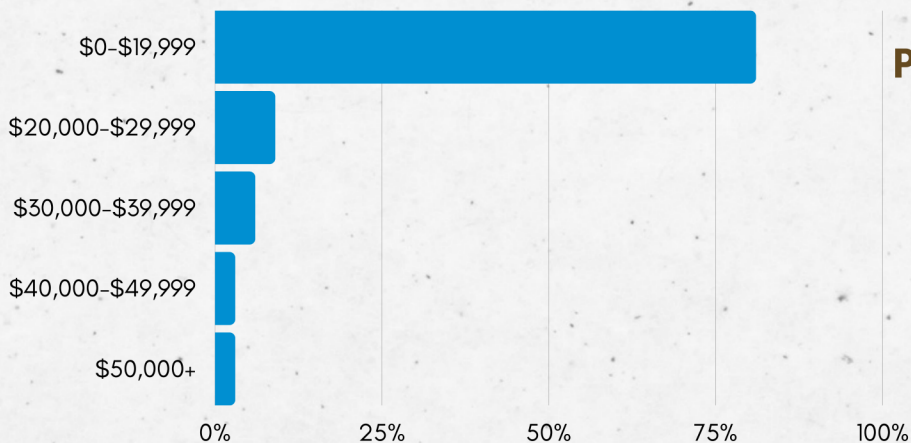
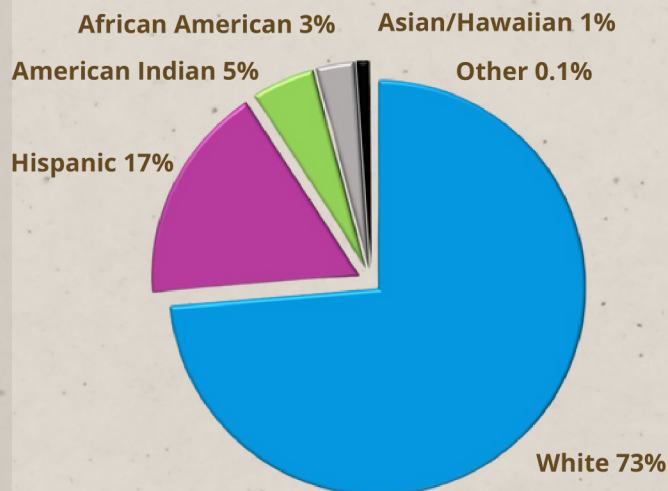
Crisis Services Provided

Average services provided
per day: 18.81

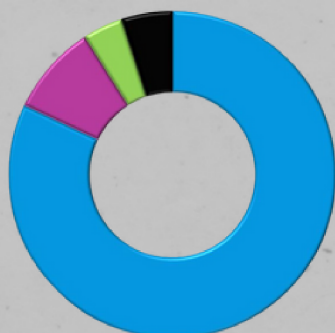


Total Crisis Service
provided yearly:
6,867

Ethnicity



Patient Annual Family Income



Patient County of Residence

82%

Pueblo
County

9%

Las Animas
County

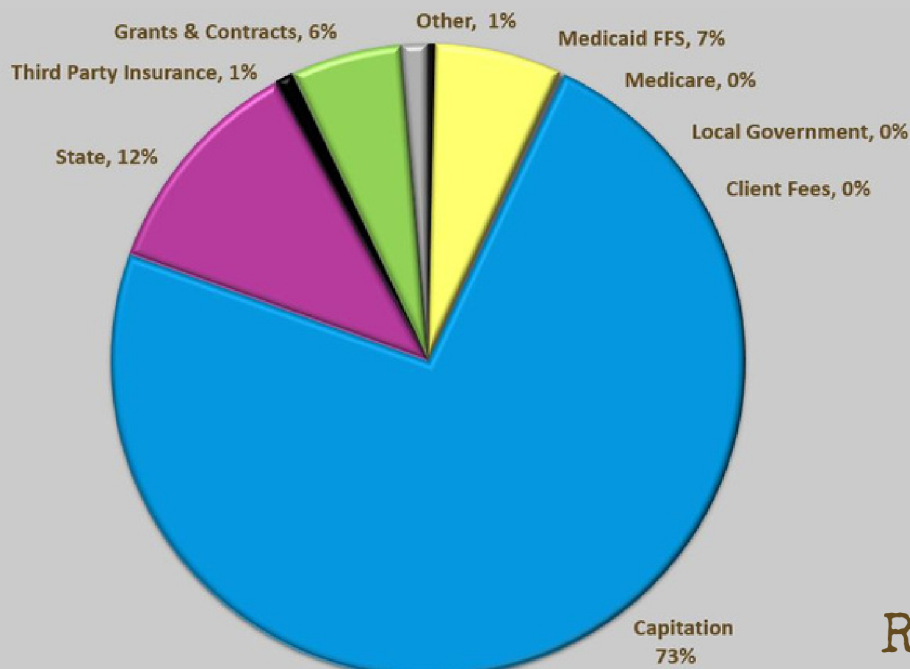
4%

Huerfano
County

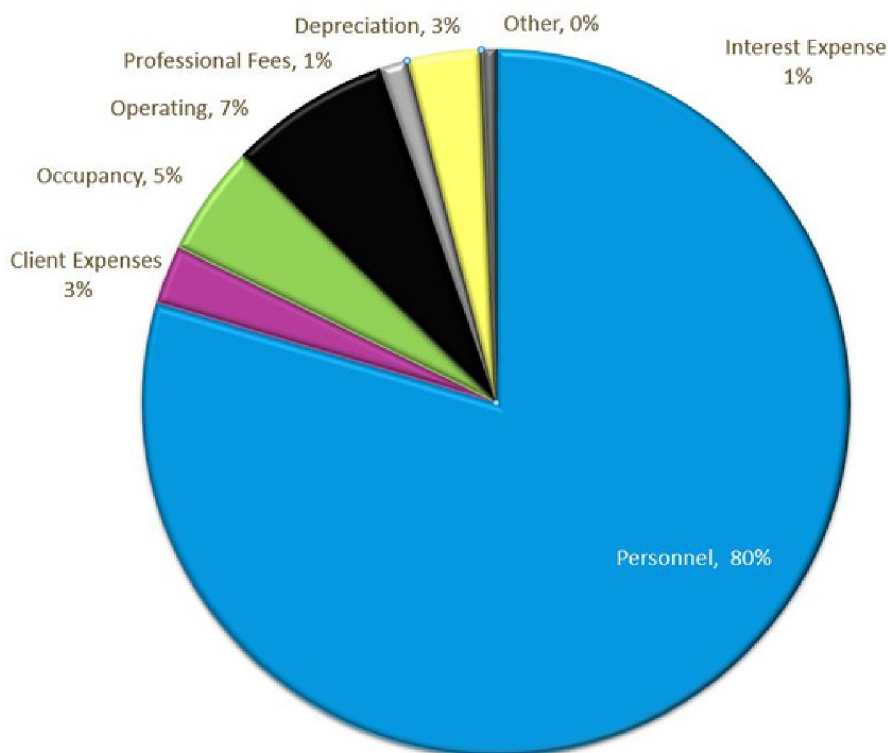
5%

Other
Counties

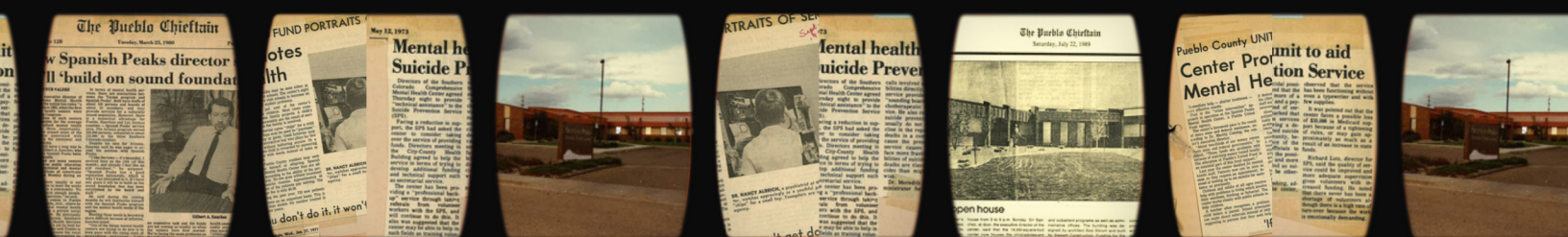
FINANCIAL OVERVIEW



Revenues



Expenses



CLIENT IMPACT

Youth and Family Services Program Highlights

- Our outpatient services offer a variety of programs geared to meet each child's specific needs and encourage healthy development.
- Our professionals provide treatment to over 400 youth and families with the goal of building healthy relationships within the family and helping youth focus on positive changes.
- In collaboration with Pueblo School Districts #60 and #70, our team works to educate students on the negative impact of drugs in the school setting. Our team of professionals is committed to preventing students from expulsion and encourages opportunities for second chances to complete their education.

- Our Advanced Clinical Experts (ACE Clinicians) provide specialized services including:
 - Trauma-focused therapy
 - Anger management
 - Horticultural group
 - Art therapy, and more

MULTISYSTEMIC THERAPY (MST)

An intense evidence-based home and community-based program focused on empowering families to build healthier environments through the mobilization of existing child, family, and community strengths and resources. MST addresses risk factors in an individualized, comprehensive, and integrated approach, allowing families to enhance relationships and creating positive family environments.

CLIENT SUCCESS

During the past year, our MST professionals worked with a 12-year-old Pueblo County client who successfully completed the MST program and went on to earn a prominent community award in recognition of his commitment to turning his life around.



**KEEPS CHILDREN
IN THEIR HOMES**

92.6% of young people remain at home

**KEEPS CHILDREN
IN SCHOOL**

77.5% are in school or working

**KEEPS CHILDREN
OUT OF TROUBLE**

86.7% have no new criminal charges

FIRST EPISODE PSYCHOSIS (FEP) PROGRAM

FEP program treats psychosis, which affects about 3 out of 100 people at some point in their lives. With early treatment, some people never have another psychotic episode and for others, psychosis may be a recurring symptom of schizophrenia and another mental illness. Early treatment provides a foundation for recovery and full life.

Health Solutions FEP program supports and improves outcomes for youth and young adults between the ages of 15-29. Our FEP team is comprised of a diverse group of clinical experts as well as education and employment specialists committed to assisting families who care for their loved ones. Our goal is to provide the assistance necessary to support and establish healthy, independent lifestyles.

Resources to support independent living include, but are not limited to:

- Completing GED or obtaining high school diplomas.
- Education and awareness on obtaining a driver's license and navigating bus routes.
- Safe space to socialize, study, practice healthy boundaries and meet with peers.



CLIENT IMPACT

RISE TO SUCCESS

Awarded the Golden Light Bulb Award by the Colorado Behavioral Health Council in 2019 for innovation, Rise to Success is a unique childcare program that was established in response to the COVID 19 pandemic and the growing workforce and client care challenges. Committed to providing client care needs and assisting staff with a childcare options, Rise to Success became a safe, social and learning environment where our staff's children could attend at no charge to them. This unique and innovative program was staffed by trained tutors and retired teachers to assist participants with the necessary remote learning during school closures.

There are numerous successes to be celebrated this past year:

- Many new rituals and now practices daily are:
 - Wish you Well
 - Time Machine
 - Story Time CD Books
 - Daily Schedule
 - Breathing
 - Songs and Chants
 - Emotion Faces
 - Discussion
 - Greetings

Children have learned the importance of wishing each other well when some are feeling sad or having a difficult time. Children utilize the Time Machine to problem solve with one another and partake in the daily ritual by sharing the day's highlights and lows.

Rock Climbing Wall

A big hit for our children, our rock climbing wall affords kids the opportunity to build confidence and a sense of accomplishment. As they problem solve and make decisions, the adaptive wall helps kids practice balance, build body awareness, increase muscle strength and develop motor skills.



CLIENT IMPACT

Care Coordination

COMPLEX CARE MANAGEMENT

- In collaboration with Health Solutions Medical Center, our Health Care Plus team launched the “complex care pilot program” to address the needs of our high-need, complex, Health First Colorado members. This pilot program was designed to improve care, increase levels of engagement, reduce costs for members, and maintain the ability for the programming to be replicated in other organizations for primary care medical practice offices.



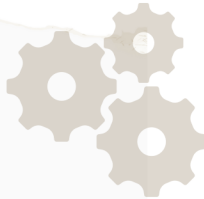
COLLABORATION

- Our Care Coordination Department, in partnership with Parkview Health Systems, utilizes Pieces-IRIS platform that allows our team to accept referrals for clients who are in need of our services. Pieces-IRIS connects care providers to actionable data, people to services, and caseworkers to information. Pieces make it easier to input, manage, store, organize and gain insight from the data that's critical for us to help clients.



INTEGRATION OF CARE INTO CRISIS SERVICES

- In an effort to assist our Crisis team with initial medical assessments for our clients, our Care Coordination Department integrated three registered nurses into our Crisis services through our Crisis Living Room. By doing so, our clients receive the necessary assessments to assist in determining appropriate levels of care and additional wrap-around service/resources.



PRIMARY CARE ADMIT, DISCHARGE (ADT) AND TRANSFER PILOT

- Our Care Coordination Team provides transitional support for more than 50 primary care clinics in our tri-county area. The team is comprised of Registered Nurses and Case Managers that assist with individuals admitted, discharged, or transferred to different levels of care to provide continuity of care.

“

Health Solutions has tremendously helped improve my life. I called them at my lowest with nothing, and since then they have helped me get insurance, mental health care, and a PCP. Staff is always helpful and friendly. Everyone goes above and beyond to help me.

”

- Health Solutions Client
Adult Outpatient

MENTAL HEALTH MATTERS

ADULT OUTPATIENT PROGRAM (AOP) HIGHLIGHTS

→ **Dialectical Behavior Therapy (DBT)**

DBT is a type of talk therapy for individuals who experience emotions very intensely. There are three ways for clients to learn and apply the highly effective skills and concepts from DBT:

- Full commitment to one year of comprehensive DBT.
- Full commitment to a weekly skills group.
- Drop-in skills training group for those who are not yet ready/able to commit to recurring groups or comprehensive treatment.

→ **Coping Skills group facilitated in Spanish**

Co-facilitated by a bi-lingual licensed clinician and a clinical core specialist who are committed to ensuring services are available to those who would otherwise be limited by a language barrier.

“

"You please make sure that whoever lets these groups happen that they are good and I am glad we get to do things like this"

”

- Recovery Solutions Client

→ The Adult Outpatient Team has implemented 16 unique and distinct weekly treatment groups

→ **Activity Therapy**

AOP offers clients the benefits of creative activities for coping and symptom management through weekly crafting to cope group and drop-in Creative Expressions Group.

→ **Extended Programming Groups**

Offered in three-hour blocks that allow for in-depth interventions, longer format programming supports clients in need of structure and more intensive treatment.

→ **Adapted Extended Programming**

This three-hour block programming is offered once a week and adapts to meet the unique needs of individuals with developmental and intellectual disabilities as well as those who struggle with the cognitive impacts of their mental illness. This program aims to empower individuals to learn and use new skills and strategies to enhance their quality of life and manage their mental health conditions.



CLIENT IMPACT FUND



Driven by the Health Solutions Human Kindness initiative, the Client Impact Fund is meant to fulfill client needs that may not otherwise be available through other community resources/organizations. Oftentimes, social determinants have significant negative impacts on those we serve and it is our intent and commitment to providing resources that will improve client wellness, quality of life, and stability while in treatment. Since its inception in 2019, our Client Impact Fund has fulfilled over 500 Client Impact Fund Requests.

Financial support comes from a variety of partnerships, employee contributions, community support and fundraising activities.



Fundraising for the Client Fund comes from several fundraising and donation efforts including:

- Amazon Smile
- King Soopers Loyalty Cards
- Colorado Gives Day
- Employee contributions
- Events: Sugar Skulls & Marigolds, Steel City Sporting Clay
- Community partners



Client Fund has received over 500 requests since it's inception.



Client Fund impacts clients by not only providing help with day-to-day items but provides:

- Holiday food & gift baskets during Thanksgiving and Christmas each year
- Pet care
- Birth certificates
- Driver's licenses
- Higher education
- Wellness accessories



HOUSING



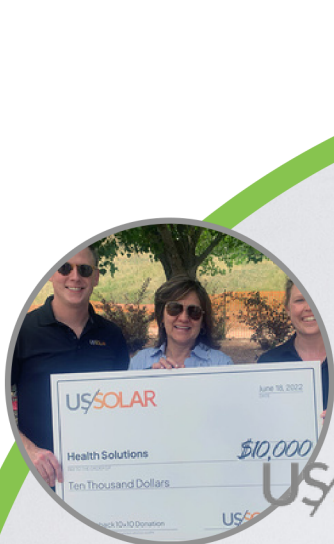
FOOD/HYGIENE



CLOTHING



UTILITIES



\$44,356

IN DONATIONS FY 21-22

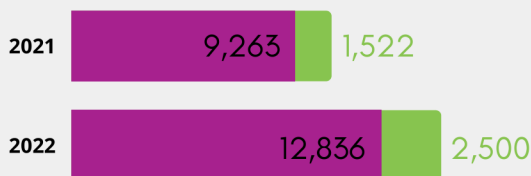


Health Solutions MEDICAL CENTER & MEDICATION ASSISTED RECOVERY CENTER (MARC)

As a fully integrated healthcare provider, our health care professionals provide preventative and diagnostic care in a kind, caring and compassion setting.

NUMBER OF CLIENTS SEEN FY 21-22

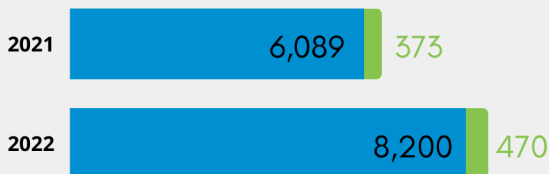
■ Medical Center Appointments Scheduled
■ Unduplicated Patients



- That is a 39% increase in scheduled appointments and 64% increase in unduplicated patients.

.....

■ MARC Appointments Scheduled
■ Unduplicated Patients



- That is 35% increase in scheduled appointments and 26% increase in unduplicated patients.

INSURANCE/PAYMENT

- Most insurances are accepted
- Sliding scale to those who qualify
- Self pay

Medical Center Integrated Services

- Wellness exams
- Sports physicals
- Surgical medical clearance
- Medical clearance for treatment
- Dermatology procedures; cryotherapy and minor surgical procedures
- Chronic condition management
- Acute illness treatment
- Trigger point injections
- Joint injections
- Immunizations
- Referral to specialty providers
- Onsite laboratory
- Ultrasound
- Echocardiogram
- Electrocardiogram
- Weight and diet management
- Reproductive health counseling and intervention
- Spirometry
- Behavioral health counseling
- Behavioral health medication management
- Group counseling
- Behavioral health counseling



Medication Assisted Recovery Center (MARC)



Health Solutions MARC is the first Community Mental Health Center in the State to provide a fully functional Opioid Treatment Program (OTP). Our MARC program provides medication, in combination with counseling and behavioral health therapies to provide a “whole-person care” approach to the treatment of substance use. Our professional team provides behavioral health counseling, case management, peer support and group therapy.



Health Solutions
HEALTHCARE CAMPUS

WHERE TO FIND US



ADMINISTRATIVE OFFICES

41 MONTEBELLO ROAD,
SUITES 200 & 202
PUEBLO, CO 81001
(719) 545.2746

ADULT SERVICES, FORENSICS & CRESTONE RECOVERY (SUD)

41 MONTEBELLO ROAD,
SUITE LL1
PUEBLO, CO 81001
(719) 545.2746

CAREER HORIZON SERVICES

41 MONTEBELLO ROAD,
SUITE LL2
PUEBLO, CO 81001
(719) 544.6373

MEDICAL CENTER & MEDICATION-ASSISTED TREATMENT

41 MONTEBELLO ROAD,
SUITE 116
PUEBLO, CO 81001
(719) 423.1500

CRESTONE RECOVERY SERVICES

41 MONTEBELLO ROAD,
SUITE 104
PUEBLO, CO 81001
(719) 423.1900

THE FAMILY CENTER ADULT, FAMILY, & YOUTH SERVICES YOUTH INTENSIVE OUTPATIENT SERVICES

1591 TAOS ROAD
PUEBLO, CO 81006
(719) 545-2746

ADULT SERVICES

1304 CHINOOK LANE
PUEBLO, CO 81001
(719) 545.2746

ACUTE TREATMENT UNIT

1302 CHINOOK LANE
PUEBLO, CO 81001
(719) 545.2746

CRISIS SERVICES, CRISIS LIVING ROOM & RESPITE SERVICES

1310 CHINOOK LANE
PUEBLO, CO 81001
(719) 545.2746

YOUTH AND FAMILY SERVICES

1012 WEST ABRIENDO AVENUE
PUEBLO, CO 81004
(719) 583.2207

RURAL SERVICES

HUERFANO COUNTY

926 RUSSELL STREET
WALSENBURG, CO 81089
(719) 738.2386

LAS ANIMAS COUNTY ADULT AND YOUTH SERVICES

417 SOUTH INDIANA
TRINIDAD, CO 81082
(719) 846.4416

LAS ANIMAS COUNTY ADULT SERVICES AND MEDICATION ASSISTED TREATMENT

910 EAST MAIN STREET
TRINIDAD, CO 81082
(719) 631-3370

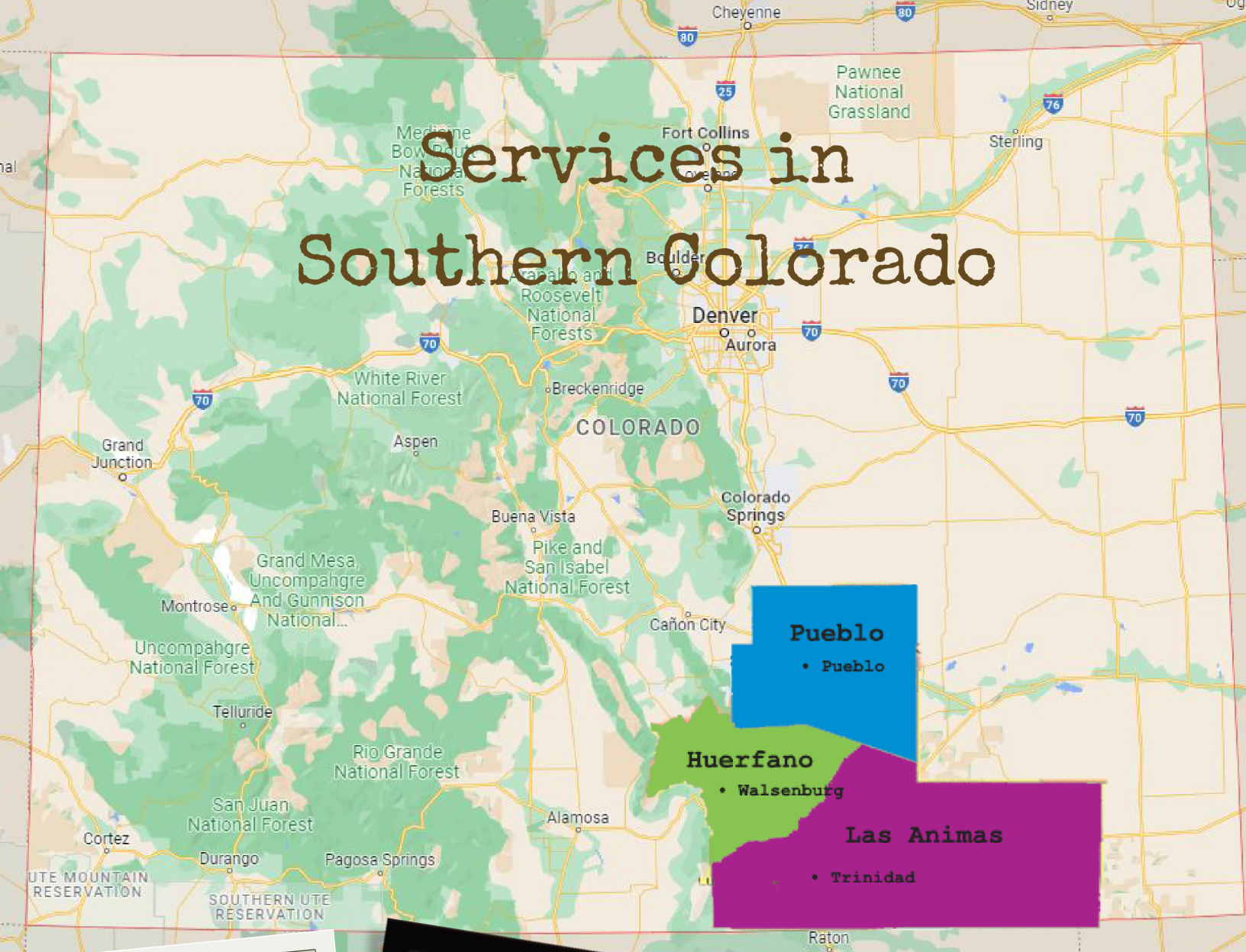
THE LEARNING CENTER

512 HENRY AVENUE
PUEBLO, CO 81004
(719) 432.1200

RECOVERY SOLUTIONS

2003 EAST 4TH STREET
PUEBLO, CO 81001
(719) 544.6373

Services in Southern Colorado





HEALTH SOLUTIONS

www.health.solutions | 719.545.2746