

# Ask an Early Childhood Specialist

Health Solutions  
presents:  
Wellness/  
Caring  
for your  
classroom



Designed for  
teachers of  
preschool and  
early care and  
learning centers



Join Health Solutions Early Childhood team **Tuesdays at 1PM**  
to talk about ways to care for yourself and different issues you  
may be experiencing in your classroom.

**Use this Link to Join:**

<https://call.lifesizecloud.com/6697943>

Do you have questions you would like  
to be answered anonymously?

Send them to:

[earlychildhood@health.solutions](mailto:earlychildhood@health.solutions)