# Early Childhood Services

A program to provide early behavioral health interventions for children from birth to 8 years of age.











#### **Our Mission:**

Health Solutions exists to assist those in need of healthcare services who require expert care to support recovery and to successfully achieve their healthcare goals. Health Solutions is committed to offering exceptional quality services that set the standard for healthcare in Colorado. This care is provided through service excellence, innovation, compassion, and promotion of self-determination.

#### **Our Values**

**We believe** that individuals in need of our services are our highest priority. They are the reason why Health Solutions exist.

**We believe** in the preservation of human dignity, self respect, and individual rights in a caring environment that results in enabling individuals to live, work, and contribute in their chosen community.

**We believe** in the person-centered approach to care in which the total healthcare needs of the individual are addressed. We encourage families to become involved in their loved one's treatment efforts.

**We believe** our employees are our most valuable asset and we promote a healthy work environment, open communications, teamwork, trust, honesty, and ethical behavior which allows us to be accountable to each other, to the individuals we serve, and to our community.

**We believe** that Health Solutions should be responsive to the healthcare needs of its communities and should direct its resources to meet those needs in a cost effective manner.

**We believe** in being a good corporate citizen of the community, maintaining communications with the various public's we serve, and participating actively in community affairs, particularly those related to healthcare.

Health Solutions provides behavioral health services at no cost to Health First Colorado members.

These members may be charged a co-pay for medical services. Please ask our support staff for more details.







#### **Early Childhood Services**

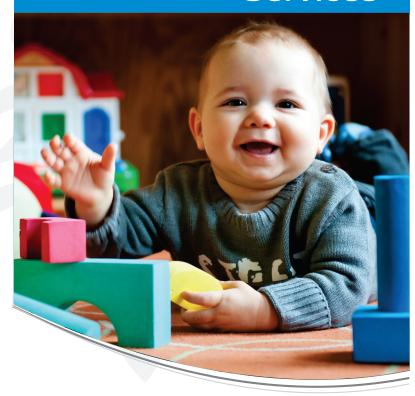
1012 W. Abriendo Avenue Pueblo, CO 81004 Phone: 719.583.2207





www.Health.Solutions

## Our Early Childhood Services





Your Health Is Our Priority





We know too well that infants aren't delivered to their parents with an instruction book. Each child's behavior, temperament, and reaction to the world is unique, and sometimes children can develop some strange behaviors that cause parents and teachers a great deal of frustration.

As a parent, you may wonder whether your toddler's temper tantrums are "normal," or why your three-year-old prefers communicating physically rather than verbally, or whether you should be concerned if your preschooler displays a fascination with fires, or is intent to hurt animals. What is normal behavior? When should you be concerned? Up until now, if you didn't have health insurance or didn't qualify for Medicaid, you had few options in getting your questions answered, or finding the appropriate help. Our Early Childhood Program can now provide the help and services you need. The cost to families is on a sliding scale fee, based on household income and numbers in the family.

If you're a day care provider, Headstart, or preschool teacher, you may find it difficult to do your job when certain children exhibit some socially unacceptable behaviors. What help is available? When should you seek intervention? What can you and the parents be doing?

Thanks to funding from the State of Colorado's Office of Early Childhood, Health Solutions developed an Early Childhood Mental Health Consultation Program, for parents and other caregivers of children from birth to eight years of age.

Additionally, outpatient behavioral health services can be provided to families with young children who have no health insurance or do not qualify for Medicaid. These services are also available to those with Medicaid benefits, other insurance benefits, and fee-for-service.

### What Services Are Provided?

The Early Childhood Program at Health Solutions will provide the following services:

- Direct services and therapy to children from birth to eight years and their parents
- Community-based Mental Health Consultation services for families, educators, and integrated service providers
- Psychiatric assessments
- Medication administration and management, if indicated
- Psychiatric consultations
- Referrals to appropriate parenting groups or outside providers

By providing these services, it is the intention of the State of Colorado and Health Solutions that we will be able to achieve the following outcomes:

- Improve access to behavioral health services for preschool children
- Reduce the number of preschool and daycare expulsions as a result of behavioral problems
- Improve school readiness for participating preschool children by helping them meet their behavioral health needs



- Provide assistance to child care and preschool center teachers so that they can develop increased proficiency in recognizing and dealing with troubling behaviors
- Provide early intervention services to young children, thereby preventing more serious problems from surfacing later



Early Childhood Development