

Recovery Solutions aims to promote the referral of appropriate clients into a single point of access for this 8 week course. If you are interested in this course please send your contact info to [alexisr@health.solutions](mailto:alexisr@health.solutions)



### My Recovery is E.P.I.C. Program

**My Recovery is E.P.I.C.** (also simply referred to as “E.P.I.C.”) is a life-skills curriculum offered exclusively by Young People in Recovery that equips participants with tools to access housing, education, employment, purpose and community; four areas SAMHSA identifies as critical to a successful life in recovery. YPR and our partners have found that individuals who are more actively engaged in their life-planning are also more successful in their treatment and recovery process, becoming more informed decision-makers. **E.P.I.C.** stands for: Engaged; Peer Driven; Integrated; Community.

Core components of the 8-module curricula include:

- Recovery Messaging
- Education
- Housing
- Employment - two parts
- Finances/Budgeting
- Leadership
- Empowerment

#### **E.P.I.C. Objectives:**

This program is based on the success of the YPR peer support services model, which allows certified peers with lived experience to mobilize and directly serve at-risk individuals by providing the connective link to resources and assets that exist in their community. E.P.I.C. serves as the conduit to educate, empower, and connect individuals to the resources that they need to be successful in their life and recovery.

